



Kapnick
Strive



WORKSITE WELL-BEING SOLUTIONS FOR A SUPERIOR WORKPLACE

Kapnick STRIVE supports your organizations commitment to a culture of health and wellness. Our goal is to help your employees achieve their best health by providing education, support, resources and rewards. Kapnick Strive is also a way to help manage your health care costs by helping employees manage and improve their health.

Kapnick Strive has the following options available:



KAPNICK STRIVE SILVER SERVICES

- | Needs and Interest Survey
- | Program Communication
- | Customized Wellness Portal
- | Online Health Risk Assessment
- | Aggregate Reporting based on HRA
- | Program Evaluation
- | Points Program
- | Wellness Committee Consultation
- | 2 Wellness Presentations
- | Monthly Wellness Newsletters/ Webinars
- | The Wellness Outlet
- | 4 Wellness Challenges
- | Online Health Coaching
- | Health and Wellness Library



KAPNICK STRIVE SILVER+ SERVICES

- | Needs and Interest Survey
- | Program Communication
- | Customized Wellness Portal
- | Online Health Risk Assessment
- | Aggregate Reporting based on HRA
- | Program Evaluation
- | Points Program
- | Wellness Committee Consultation
- | 2 Wellness Presentations
- | Monthly Wellness Newsletters/ Webinars
- | The Wellness Outlet
- | 4 Wellness Challenges
- | Online Health Coaching
- | Health and Wellness Library
- | Well-visit Incentive Management
- | Personalized Health Report based on PCP well-visit bloodwork
- | Outcome's based Incentive Design
- | Telephonic RAS Coaching
- | Aggregate reporting based on PCP well-visit bloodwork



KAPNICK STRIVE GOLD SERVICES

- | Needs and Interest Survey
- | Program Communication
- | Customized Wellness Portal
- | Online Health Risk Assessment
- | Aggregate Reporting based on HRA
- | Program Evaluation
- | Points Program
- | Wellness Committee Consultation
- | 4 Wellness Presentations
- | Monthly Wellness Newsletters/ Webinars
- | The Wellness Outlet
- | 6 Wellness Challenges
- | Online Health Coaching
- | Health and Wellness Library
- | Well-visit Incentive Management]
- | Onsite Biometric Screenings
- | Individual Health Score and Report (based on screening data)
- | Outcome's based Incentive Program (based on screening data)
- | Telephonic RAS Coaching
- | High Risk Coaching
- | Aggregate reporting based on Screening Data
- | Claims Integration via Kapnick Lens